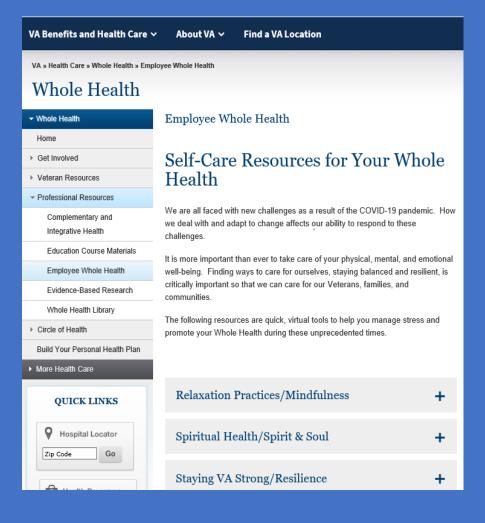
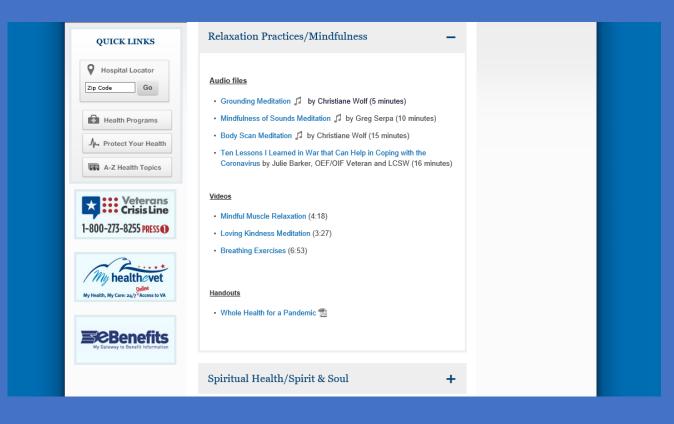
Employee Whole Health Supporting you as you Support Veterans

VHA Office of Patient-Centered Care and Cultural Transformation (OPCC & CT)



Employee Whole Health Support in Time of COVID:

https://www.va.gov/WHOLEHEALTH/professional-resources/EWH-Resources.asp



Employee Whole Health SharePoint: https://dvagov.sharepoint.com/sites/vhav23/EHPDIP/default.aspx

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Virtual Employee Whole

The COVID-19 pandemic is particularly stressful for health care providers. A list of live and that can be accessed remotely.



Tobacco Cessation

Virtual WIN with MOVEmployee

Live Whole Health.



Virtual WIN with MOVEmployeeVirtual is a self-guided program that makes it possible for all VA employees to access weight management information!



Find your Employee Health Coach

HealthyLife®



HealthyLife® is a monthly newsletter focused on providing health and wellness information to employees of the Veterans



Visit Virtual WIN with MOVEmployee

Employee Health Coaches





Health Administration

COVID-19 Stress Management Resources for VA employees

virtual stress management events, as well as, links to on demand products and podcasts

View the Virtual Employee Whole Health Resources.



Nutrition



Physical Activity



Stress Management





VA2K

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VA Employee Whole Health

Employee Stress Mgmt

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VA Employee Whole Health Program

Search this site

Virtual Employee Whole Health Resources

Virtual Employee Whole Health Resources contains links along with names, descriptions and origins of those links. It also includes names, descriptions and origin of the other documents in this library. View the Virtual Employee Whole Health Resources document.

Virtual Employee Whole Health Resources

/	Name		Shared By	Description	Madified By
	VISN and Facility EWH Self-Care Calendars				Schult, Tamara
	Facility EWH Communication Tool Examples				Schult, Tamara
	Handouts for Managing COVID-19 and Related Stress				Schult, Tamara
	Mindfulness Resources and Self-Care Practices	•••			Schult, Tamara
	Presentations and Resouces for Building Resilience				Schult, Tamara
	WH Resources to Support Overall Health				Schult, Tamara
	Empleyee				Schult, Tamara

https://dvagov.sharepoint.com/sites/vhav23/EHPDIP/SitePages/Virtual%20Employee%20Whole%20Health%20Re sources.aspx

